Iditarod 2022 – 50th Running
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Core Tenants of Iditarod COVID19 Prevention Plan
- Proactive, strategic and anticipatory
- Negative bubble with reduced interaction with community

Key Strategies of Iditarod COVID19 Prevention Plan
- Fully vaccinated requirement for all personnel
- Recommended booster vaccines (>5 months after mRNA, >2 months after J&J)
- Consistent surveillance through daily testing and daily health screening
- Multiple tests in ANC to confirm negative status before working on trail
- Arm bands to visibly note who is part of Iditarod
- Enhanced prevention protocols in place when interacting with anyone who is not part of the Iditarod
- Social distance with communities
- Masking requirements
- Routine handwashing/hand sanitizer
- Eat/sleep with Iditarod bubble
- All test results/contact tracing/daily surveillance maintained by Dr. Guest and COVID Team Personnel
- Inclusive communication with all stakeholders
- Manage expectations (participants, villages, sponsors, mushers, Iditariders, etc.)
- Zero tolerance for not following protocols

Iditarod Arm Bands
Arm bands will be worn by all working for the Iditarod and in the Iditarod Bubble. This indicates:
- Fully vaccinated
- Multiple negatives tests in ANC to confirm negative status before working on trail
- Daily COVID19 testing
- Daily symptoms monitored
- Masking required at the Lakefront, Start and Restart
- Masking recommended inside on the trail and required when around those not in the Iditarod Bubble
Overview of Iditarod COVID19 Prevention Plan

Mushers Testing and Screening.

- Fully vaccinated by 1/1/22
- Recommended: Booster if eligible (>5 months from mRNA series, >2 months from J&J)
- Recommended: flu shot
- Recommended beginning 2/17/22:
  - Reduce community engagement
  - Strict mask-wearing in public spaces or when around those who are not fully vaccinated
  - Monitor for symptoms and receive a PCR test if symptomatic or a known exposure
- Do not travel to any Iditarod location or event if:
  - Symptomatic
  - Within 5 days of a positive COVID-19 test
  - Within 5 days of a known significant exposure
- All mushers will be tested with a Molecular Nasal Lab Test by the Iditarod COVID tech team at the Lakefront Hotel on Thursday 3/3/22
  - Mushers will be assigned morning and afternoon times for arrival for testing
  - Mushers who have tested positive since 12/3/21 need to provide documentation of positive test and will be tested only with Rapid Tests (antigen tests)
- All mushers will be given a Rapid Test at the ceremonial start on 3/5/22
  - If negative, mushers will be retested at the start on 3/6/22
  - If positive, mushers will be retested with a Molecular Nasal Lab Test. If positive, the musher does not race. If they have a personal car and reside in Alaska, they can travel home for isolation.
- All mushers will be given a Rapid Test at McGrath
  - If negative, the musher continues the race
  - If positive, the musher will be retested with a Molecular Nasal Lab Test. If this test is negative, the musher continues the race. If this test is positive, the musher does not continue the race and isolation begins.
- Facemasks will be available with the checker at each checkpoint for mushers as they enter a checkpoint. Mushers may wear a thick/2-ply gator over their nose for a facemask. No other Iditarod participant can use a gator without a facemask.
- Mushers should wear masks when interacting with anyone without an Iditarod armband
- Handlers entering the start area with the musher are required to have a facemask on at all times while at the start and to distance from all other mushers, workers and volunteers. They will not be tested at the start and it is the responsibility of the musher to only bring handlers who have been conscientious about COVID-19 precautions.
Volunteers, staff and official media Testing and Screening.

- 10-14 Days before arrival at the Lakefront Hotel:
  - Fully vaccinated by 1/1/22
  - Recommended: Booster if eligible (>5 months from mRNA series, >2 months from J&J)
  - Recommended: flu shot
  - Recommended beginning 2/17/22:
    - Reduce community engagement
    - Strict mask-wearing in public spaces or when around those who are not fully vaccinated
    - Monitor for symptoms and receive a PCR test if symptomatic or a known exposure

- Within 72 Hours of Beginning Work for Iditarod 2022: All participants need to have a PCR Lab Test (nasal or saliva) result and receive a negative result within 72 hours of beginning work for Iditarod 2022. This is not covered by the Iditarod. If you are doing food-drop or flyout work, this applies before that work and before work closer to race time.
  - If you cannot find a PCR test, 2 rapid antigen tests will be accepted taken 24 hours apart during this 72-hour period
  - If you have tested positive for COVID-19 since 12/3/2021, you need to submit confirmation of this test to Covid-prevention@iditarod.com and use 2 rapid antigen tests 24 hours apart during this 72-hour period (do not use a PCR test).
  - No participant can travel or come to the Lakefront Hotel if this test is positive
  - Submit test result to Covid-prevention@iditarod.com

- Travel to Anchorage: All participants should wear facemasks in airports and during flights that are well-fitting and cover their nose and mouth. Cloth masks are not recommended unless they are worn over filtered masks.
  - Do not travel to any Iditarod location or event if:
    - Symptomatic
    - Within 5 days of a positive COVID-19 test
    - Within 5 days of a known significant exposure

- Beginning Work in Anchorage or Arrival at Lakefront Hotel: A test is required before entering the Lakefront Hotel. Testing options are:
  - Before 2/28/22 – Visit the 24-hour Capstone COVID testing site at Alaska Park (5000 Spenard, Phone 907-694-9567)
  - Beginning 2/28/22 and between the hours of 8am-6pm, testing will be done at the Capstone RV Clinic truck at the Lakefront Hotel.
  - If arriving after 6pm and before 8am, proceed to the Capstone COVID testing site at Alaska Park (5000 Spenard, Phone 907-694-9567)
  - You cannot enter the Lakefront Hotel without a negative COVID19 test
  - Social distancing and facemask guidelines will continue to be required
  - You will need to display confirmation of your negative test on your COVIDSecure App to enter the hotel

- Testing Results: Participants with a negative Molecular Nasal Lab Test will be admitted into the Lakefront Iditarod bubble. If anyone tests positive, COVID Team personnel will notify the individual and strict guidelines will be followed for securing proper medical attention and isolation. If the participant has travelled by personal car from instate, they may return home immediately to isolate. If the participant is from outside of Alaska, they will be moved to isolation and cannot travel home until isolation is over.

- Prevention Protocols at the Lakefront Hotel: These protocols apply to all Iditarod personnel every time they are at the Lakefront Hotel
• Participants are required to wear a mask at all times in the Lakefront Hotel that covers their mouth and nose fully
• Daily testing is required every day at the Iditarod Testing Facility outside the Lakefront Hotel.
• If you are staying at the hotel, you must test each day between 8am-6pm
• If you are arriving for shifts at the Lakefront Hotel, you must test each day before entering the hotel
  - If you arrive between 8am-6pm, you will test at the Capstone RV Clinic truck at the Lakefront Hotel before entering the hotel
  - If you arrive between 6pm-8am for shift work, you will do an antigen test in a marked room
• Care should be taken to distance from all non-Iditarod people at the hotel
• All participants will be required to undergo the Health Survey Questionnaire on the COVIDSecure App. In the event that anyone is feeling sick based on the survey, and/or has a temperature, the COVID Team personnel will be consulted, and the participant will be sequestered in their room or an identified location. They will immediately undergo Molecular Nasal Lab Test and will wear a mask at all times. If the test is negative, symptoms and temperature will continue to be monitored for three days.
• Additional testing or mask-wearing requirements will be added as needed for prevention based on a positive case in the Iditarod bubble or cases in the community
• Anyone who spent more than 15 minutes inside unmasked with a person testing positive will have symptoms monitored and will be required to adhere to strict mask wearing for 10 days

• Prevention Protocols on the trail: These protocols apply to all Iditarod personnel on the Iditarod trail.
  • Daily testing is required each morning
  • All participants will be required to undergo the Health Survey Questionnaire on the COVIDSecure App. In the event that anyone is feeling sick based on the survey, and/or has a temperature, the COVID Team personnel will be consulted, and the participant will be sequestered in their room or an identified location. They will immediately undergo Molecular Nasal Lab Test and will wear a mask unless along in a room. If the test is negative, symptoms and temperature will continue to be monitored for three days.
  • Care should be taken to distance from all non-Iditarod people. When indoors with non-Iditarod people, masks must be worn by all
  • Mask-wearing inside is strongly recommended at all times and required when around those without an Iditarod armband
  • Additional testing or mask-wearing requirements will be added as needed for prevention based on a positive case in the Iditarod bubble or cases in the community
  • Anyone who spent more than 15 minutes inside unmasked with a person testing positive will have symptoms monitored and will be required to adhere to strict mask wearing for 10 days

• Exit testing will be required for all participants when they return from the trail to confirm negative status. Upon arrival at the Lakefront Hotel, participants will be tested in the Iditarod Testing Facility using Molecular Nasal Lab Test and will wait for the results of the test before entering Lakefront Hotel. Participants who do not return to Anchorage from the trail will be tested before leaving their checkpoint with the Rapid Test.

• Testing and COVID Team Personnel. All COVID testing and the COVID Tech Team will be led by Dr. Jodie Guest. All testing will be administered by certified COVID Team Personnel wearing full PPE.
  a. Molecular Nasal Lab Test Nasal Lab Test methods (sensitivity 99%, specificity 98%)
     ▪ Nasal Testing Method for Initial and Final Testing of all participants and mushers
     ▪ Lab partner is CUE Health and Capstone Clinic
     ▪ Lab results, up to 40 minutes in Anchorage at the Lakefront Hotel Testing site
  b. Abbott Labs 15-Minute Rapid Antigen Test (sensitivity 97.1%, specificity 98.5%)
     ▪ Used as immediate testing, routine surveillance testing and symptom testing on trail
     ▪ 15 Minute Results on-site
  c. For Negative Results – participant permitted to work and must follow all health and safety guidelines
d. For Positive Results in Anchorage
   ▪ participant will immediately be notified via COVID Team personnel
   ▪ participant will be moved to isolation section of Lakefront Hotel (not in Iditarod Bubble) until isolation is over. If the participant has traveled by personal car from instate, they may return home immediately to isolate.
   ▪ If Molecular Nasal Lab Test is positive, participant will be isolated until safe to travel home, or will be moved to the hospital as needed. They will wear a mask when near anyone.
   ▪ Anyone who spent more than 15 minutes inside unmasked with a person testing positive will have symptoms monitored and will be required to adhere to strict mask wearing for 10 days.

e. For Positive Results on the Trail
   ▪ participant will immediately be notified via COVID Team personnel
   ▪ participant will be immediately removed from community space at the checkpoint by COVID Team personnel wearing proper PPE gear
   ▪ participant will be re-tested
     ▪ If positive
       ▪ Anyone who spent more than 15 minutes inside unmasked with a person testing positive will have symptoms monitored and will be required to adhere to strict mask wearing for 10 days
       ▪ All checkpoint spaces will be thoroughly sanitized by COVID Team personnel
       ▪ Everyone in the Checkpoint Bubble will have immediate temperature taken, undergo healthy survey questions, and be tested via Rapid Test
“Checkpoint Bubble” Definition and Principles:

● Everyone inside “Checkpoint Bubble” will wear an Iditarod armband (and name badge) for easy identification
● Everyone inside “Checkpoint Bubble”:
  ○ Has been fully vaccinated for COVID19
  ○ Has undergone the required COVID19 testing with negative results before working for the Iditarod
  ○ Undergoes daily COVID19 Rapid Antigen Testing
  ○ Undergoes daily Health Survey Questions
  ○ Undergoes COVID19 Rapid Antigen Testing before movement on the trail
● Everyone inside “Checkpoint Bubble” practices safety measures including:
  ○ Wearing Face Masks at all times when around others not part of the checkpoint bubble (people without Iditarod armbands)
  ○ Frequent Hand Washing/Sanitizing
  ○ Wear additional PPE as needed
  ○ Frequently sanitizes personal surfaces and work gear
  ○ Practices Social Distancing with those outside “Checkpoint Bubble”
● Community engagement with the “Checkpoint Bubble” will be community specific and agreed upon by the community and the Iditarod in advance. This includes an agreement about Iditarod’s use of Checkpoint buildings and the community’s access to these buildings during the race.
● Areas Off Limits to anyone outside of “Checkpoint Bubble”
  ○ Checkpoint tents
  ○ Checkpoint sleeping areas
  ○ Checkpoint eating areas
Testing and COVID Tech Team Personnel

- All COVID testing and the COVID Tech Team will be led by Dr. Jodie Guest and Capstone Clinic
- CUE Molecular Nasal Lab Test (sensitivity 99%, specificity 98%)
  - Lab results within 40 minutes
- Abbott Rapid Antigen Testing method (sensitivity 97.1%, specificity 98.5%)
  - 15-minute results on-site
- Anyone who has documentation of COVID-19 after 12/3/21 will only be tested with Rapid Tests (rapid antigen tests)
- For Negative Results – Participant permitted to work and must follow all health and safety guidelines
- For Positive Results in Anchorage
  - Participant will immediately be notified via COVID Team personnel
  - Positive participant will be kept in isolation until it is safe to travel home. If Alaska resident and travelled in personal car, the participant may travel home for isolation.
  - Anyone who spent more than 15 minutes inside unmasked with a person testing positive will have symptoms monitored and will be required to adhere to strict mask wearing for 10 days.
- For Positive Results on the Trail
  - Participant will immediately be notified via COVID Team personnel
  - Participant will be immediately removed from community space at the checkpoint by COVID Team
  - Participant will be re-tested
    - If positive
      - Anyone who spent more than 15 minutes inside unmasked with a person testing positive will have symptoms monitored and will be required to adhere to strict mask wearing for 10 days.
      - All checkpoint spaces will be thoroughly sanitized.
      - Everyone in the Checkpoint Bubble will have immediate temperature taken, undergo healthy survey questions, and be tested via Rapid Test
Daily Health Survey Questionnaire will be done via the COVIDSecure App when internet is available. This will be done by the COVID team at checkpoints without internet.

- In Anchorage - In the event a participant reports feeling sick or has a temperature over 100.4
  - They will be connected with COVID Team personnel
  - They will be given a Molecular Nasal Lab Test
  - Asked to self-isolate or go home if residence is near Anchorage
  - Must have (3) consecutive days of no symptoms or temperature
  - Must re-test upon return (Molecular Nasal Lab Test)
Onboarding Information and Health App for all Iditarod Participants

The following documents/information must be received prior to travel to Anchorage or arrival at Lakefront.

- Negative test result taken and results received within 72 hours of travel to race
- Date and name of vaccine for all doses of COVID-19 vaccination (including booster)

Please email vaccine documents by 1/1/22 and testing documents before travel to COVID@iditarod.com

Download the app COVIDSecure on your phone prior to travel to Anchorage or arrival at Lakefront.

- Please fill out patient details before arriving at the Lakefront
- You do not need to include health insurance information
- Under organization/school, click Iditarod Trail Committee from the pull-down menu
- You must do a daily health screening each morning from the first day of interaction with the Iditarod race 2022. For checkpoints with minimal internet connectivity, the daily screening will be done by the COVID team.
Detailed Prevention Plan by Participant Activity

Mushers Vaccination, Testing and Screening

• By January 1, 2022, all mushers need to submit proof of COVID-19 vaccination to COVID-prevention@iditarod.com

• Pre-race recommendations:
  - Booster if eligible (>5 months from mRNA series, >2 months from J&J)
  - Flu shot
  - Recommended beginning 2/17/22:
    - Reduce community engagement
    - Strict mask-wearing in public spaces or when around those who are not fully vaccinated
    - Monitor for symptoms and receive a PCR test if symptomatic or a known exposure

• Do not travel to any Iditarod location or event if:
  - Symptomatic
  - Within 5 days of a positive COVID-19 test
  - Within 5 days of a known significant exposure

• All mushers will be tested with a Molecular Nasal Lab Test by the Iditarod COVID tech team at the Lakefront Hotel on Thursday 3/3/22
  - Mushers will be assigned morning and afternoon times for arrival for testing
  - Musher who have tested positive since 12/3/21 need to provide documentation of positive test and will be tested only with Rapid Tests (antigen tests) (send test result to COVID-Prevention@iditarod.com)

• All mushers will be given a Rapid Test at the ceremonial start on 3/5/22
  - If negative, mushers will begin race
  - If positive, mushers will be retested with a Molecular Nasal Lab Test. If positive, the musher does not race. If they have a personal car and reside in Alaska, they can travel home for isolation.

• All mushers will be given a Rapid Test at the restart on 3/6/22
  - If negative, mushers will begin race
  - If positive, mushers will be retested with a Molecular Nasal Lab Test. If positive, the musher does not race. If they have a personal car and reside in Alaska, they can travel home for isolation.

• All mushers will be given a Rapid Test at McGrath
  - If negative, the musher continues the race
  - If positive, the musher will be retested with a Molecular Nasal Lab Test. If this test is negative, the musher continues the race. If this test is positive, the musher does not continue the race and isolation begins.

• Facemasks will be available with the checker at each checkpoint for mushers as they enter a checkpoint. Mushers may wear a thick/2-ply gator over their nose for a facemask. No other Iditarod participant can use a gator without a facemask.
- Mushers should wear masks when interacting with anyone without an Iditarod armband.
- Handlers entering the start area with the musher are required to have a facemask on at all times while at the start and to distance from all other mushers, workers and volunteers. They will not be tested at the start and it is the responsibility of the musher to only bring handlers who have been conscientious about COVID-19 precautions.

Testing Plan

| Prior to Race | Fully vaccinated by 1/1/2022
|              | Recommended booster (if eligible) >6 months from mRNA series, >2 months from J&J) and flu shot
|              | Recommended beginning 2/17/22: Reduce community engagement, strict mask wearing in public spaces or around those who are not vaccinated

Mushers

- Molecular test on 3/3/22 at Lakefront Hotel
  - **Positive**: Retest immediately
  - **Negative**: Rapid test at ceremonial start (3/5/22)
- **Positive**: Retest immediately
  - **Negative**: Begin Ceremonial Race
- **Positive**: Retest immediately
  - **Negative**: Begin Race
- **Positive**: Retest immediately
  - **Negative**: Rapid test at MCG
  - **Positive**: Retest immediately
  - **Negative**: Continue Race
- Test in Nome
Volunteers, IAF Pilots, Staff and Official Media

Pre-Race Period - Before Arrival and Travel to Anchorage

- By January 1, 2022, all participants need to submit proof of COVID-19 vaccination to COVID-prevention@iditarod.com

- Pre-race recommendations:
  - Booster if eligible (>5 months from mRNA series, >2 months from J&J)
  - Flu shot
  - Recommended beginning 2/17/22:
    - Reduce community engagement
    - Strict mask-wearing in public or when near anyone not fully vaccinated
    - Monitor for symptoms and receive PCR test if symptomatic or a known exposure

- Do not travel to any Iditarod location or event if:
  - Symptomatic
  - Within 5 days of a positive COVID-19 test
  - Within 5 days of a known significant exposure

Within 72 Hours of Beginning Work for Iditarod 2022: All participants need to have a PCR Lab Test (nasal or saliva) result and receive a negative result within 72 hours of beginning work for Iditarod 2022. This is not covered by the Iditarod. If you are doing food-drop, Willow flyout, or pre-race vet screenings, this applies before that work and again before race time.

- If you cannot find a PCR test, 2 rapid antigen tests will be accepted taken 24 hours apart during this 72-hour period
- If you have tested positive for COVID-19 since 12/3/2021, you need to submit confirmation of this test to Covid-prevention@iditarod.com and use 2 rapid antigen tests 24 hours apart during this 72-hour period (do not use a PCR test).
- You cannot participate if this test is positive
- Submit test result to Covid-prevention@iditarod.com

Travel to Anchorage: All participants should wear facemasks in airports and during flights that are well-fitting and cover their nose and mouth. Cloth masks are not recommended unless they are worn over filtered masks.

Beginning Work in Anchorage or Arrival at Lakefront Hotel: A test is required before entering the Lakefront Hotel. Testing options are:

- Before 2/28/22 – Visit the 24-hour Capstone COVID testing site at Alaska Park (5000 Spenard, Phone 907-694-9567)
- Beginning 2/28/22 and between the hours of 8am-6pm, testing will be done at the Capstone RV Clinic truck at the Lakefront Hotel.
• If arriving after 6pm and before 8am, proceed to the Capstone COVID testing site at Alaska Park (5000 Spenard, Phone 907-694-9567)
• You cannot enter the Lakefront Hotel without a negative COVID19 test
• Social distancing and facemask guidelines will continue to be required
• You will need to display confirmation of your negative test on your COVIDSecure App to enter the hotel

Testing Results: Participants with a negative Molecular Nasal Lab Test will be admitted into the Lakefront Iditarod bubble. If anyone tests positive, COVID Team personnel will notify the individual and strict guidelines will be followed for securing proper medical attention and isolation.

Prevention Protocols at the Lakefront Hotel: These protocols apply to all Iditarod personnel every time they are at the Lakefront Hotel.
  • Participants are required to wear a mask at all times in the Lakefront Hotel that covers mouth and nose fully
  • Daily testing is required at the Iditarod Testing Facility outside the Lakefront Hotel
  • Care should be taken to distance from all non-Iditarod people at the hotel
  • All participants will be required to undergo the Health Survey Questionnaire on the COVIDSecure App. In the event that anyone is feeling sick based on the survey, and/or has a temperature, the COVID Team personnel will be consulted, and the participant will be quarantined in their room or an identified location. They will immediately undergo Molecular Nasal Lab Test and wear a facemask at all times. If the test is negative, symptoms and temperature will continue to be monitored for three days.
  • Additional testing or mask-wearing requirements will be added as needed for prevention based on a positive case in the Iditarod bubble or cases in the community
  • Anyone who spent more than 15 minutes inside unmasked with a person testing positive will have symptoms monitored and will be required to adhere to strict mask wearing for 10 days

Prevention Protocols on the trail: These protocols apply to all Iditarod personnel
  • Testing at Checkpoint Bubble
    - Daily testing is required each morning
    - And - Before moving to new checkpoint
    - And - If positive morning screening
    - And - If someone in “Checkpoint Bubble” tests positive
  • All participants will be required to undergo the Health Survey Questionnaire on the COVIDSecure App. In the event that anyone is feeling sick based on the survey, and/or has a temperature, the COVID Team personnel will be consulted, and the participant will be sequestered in their room or an identified location. They will immediately undergo testing and wear a facemask at all times. If the test is negative, symptoms and temperature will continue to be monitored for three days.
• Care should be taken to distance from all non-Iditarod people. When indoors with non-Iditarod people, masks must be worn by all.
• Mask-wearing inside is strongly recommended at all times
• Additional testing or mask-wearing requirements will be added as needed for prevention based on a positive case in the Iditarod bubble or cases in the community
• Anyone who spent more than 15 minutes inside unmasked with a person testing positive will have symptoms monitored and will be required to adhere to strict mask wearing for 10 days

Sleeping and Eating at Checkpoint Bubble
• Sleep/eat with Iditarod personnel only

Exit testing will be required for all participants when they return from the trail to confirm negative status. Upon arrival at the Lakefront Hotel, participants will be tested in the Iditarod Testing Facility using Molecular Nasal Lab Test and will wait for the results of the test before entering Lakefront Hotel. Participants who do not return to Anchorage from the trail will be tested before leaving their checkpoint with the Rapid Test.

Testing and Screening Schematic for Volunteers, IAF Pilots, Staff and Official Media
IAF Pilots

All vaccination/testing/screening/surveillance as above plus the following

- IAF pilot masks
  - Pilot to wear surgical/KN95/KF95 or double mask at all times in plane with passengers
- Pilots to wear glasses (sunglasses or other protective glasses in plane)
- Pilots do not provide headsets/mics to participants
- After each passenger, plane seats, doors, handles, dash get cleaned with Clorox wipes
- Consider flying passengers in back seat(s) and not front passenger seat

Entering Lakefront Hotel ANC LOGS room

- Entrance to room will be limited to those with a “necessary need to enter” and will only include IAF pilots, logs team members and staff
- Windows should be kept open, if possible
- IAF pilots coming to and from Lakefront at start of race will be given a rapid test every day before entering Lakefront Hotel
- IAF pilots coming to and from Lakefront at start of race should minimize contacts outside of the Iditarod during this time and wear a mask when in public to minimize risk
Race personnel staff/logistics, ANC Logs, Commercial Flights, ANC/Lakefront Return Dogs vet/vet tech team and all race personnel who stay at Lakefront or come in for work

- By January 1, 2022, all participants need to submit proof of COVID-19 vaccination to COVID-prevention@iditarod.com
- Negative PCR Lab Test (nasal or saliva) taken and results received within 72 hours of arrival at Lakefront Hotel (not covered by Iditarod). No participant with a positive test should travel to the Lakefront hotel.
- Daily testing is required each morning at the Iditarod Testing Facility outside the Lakefront Hotel.
  - If you are staying at the hotel, you must test each day between 8am-6pm
  - If you are arriving for shifts at the Lakefront Hotel, you must test each day before entering the hotel
    - If you arrive between 8am-6pm, you will test at the Capstone RV Clinic truck at the Lakefront Hotel before entering the hotel
    - If you arrive between 6pm-8am for shift work, you will do an antigen test in a marked room
  - Positive: Participant is moved to isolation. If the participant has traveled by personal car from instate, they may return home immediately to isolate. If the participant is from outside of Alaska, they will be moved to isolation and cannot travel home until isolation is over.

- Required morning self-wellness assessment and temperature via app
  - If symptoms present:
    - Participant placed in isolation
    - Dr. Guest notified immediately
    - PPE levels increase to Level Orange for entire Iditarod Lakefront Hotel Bubble (N95)
    - Anyone who spent more than 15 minutes inside unmasked with a person testing positive will have symptoms monitored and will be required to adhere to strict mask wearing for 10 days
    - Molecular Lab Test given to entire Iditarod Lakefront Hotel Bubble
    - Molecular Lab Test administered
      1. Negative: return to work
      2. Positive
        a. Continue isolation until can travel home
        b. Report case to Health Department
        c. Contact tracing
        d. Transport to hospital if sick

- Eat/sleep with Iditarod Lakefront Hotel Bubble (if staying at Lakefront)
- If staying at home and arriving daily at the Lakefront Hotel, minimize contacts outside of the Iditarod during this time and wear a mask when in public to minimize risk
• Social distance/mask with anyone outside of pod (airport personnel, handlers, prison personnel, inmates, vet hospital, etc.)
• Participants are required to wear a mask at all times in the Lakefront Hotel that covers their mouth and nose fully
• Care should be taken to distance from all non-Iditarod people at the hotel
• Additional testing or mask-wearing requirements will be added as needed for prevention based on a positive case in the Iditarod bubble or cases in the community
Pre-race vet techs

- By January 1, 2022, all participants need to submit proof of COVID-19 vaccination to COVID-prevention@iditarod.com
- Negative PCR Lab Test (nasal or saliva) taken and results received within 72 of arrival (not covered by Iditarod). No participant with a positive test can participate.
- Facemask/faceshield in exam truck
- Only vet techs in exam truck
- Handler/musher pass dogs to vet techs at door
- Do not attend if diagnosed with COVID-19 in previous 10 days
- Do not attend start if exhibiting any symptoms of COVID-19
- Do not attend if exposure to COVID-19 in previous 10 days

Vet Check Day at ITC Headquarters in Wasilla (3/2/22)

- All ITC personnel must take a Rapid Test in the morning prior to starting Vet Checks
- Veterinarians originating from the Lakefront Hotel will take a Rapid Test in lobby prior to departure to ITC Headquarters
- All other ITC personnel (veterinarians, vet techs and lay persons) not originating from an Iditarod “bubble” must have a negative PCR within 72 hours of 3/2/22 and take a Rapid Test immediately upon arrival at ITC Headquarters
- All mushers and their handlers/representatives must take a Rapid Test upon arrival at ITC Headquarters for the Vet Check
- Mask wearing is required at all times outside as well as inside the trailer and all buildings
- Only mushers (or their representatives) and ITC personnel are allowed at Vet Check
- All mushers and ITC personnel will enter the ITC Headquarter through the back door
- All entrances to the ITC Headquarters building and the ECG trailer will be actively patrolled for unauthorized entry
- Mushers or their representatives requiring additional time to complete their paperwork must locate in an office cubicle in the ITC Headquarters building or in the ECG trailer in the parking lot
- Public access to the merchandizing area of the ITC Headquarters will be allowed only through the front door

Musher handlers at Ceremonial Start (3/5/22) and Race Start (3/6/22)

- Each musher can bring up to eight musher handlers.
- Requested negative PCR Lab Test (nasal or saliva) taken and results received within 72 hours of ceremonial start (not covered by Iditarod)
- Facemask required at all times at ceremonial start and restart
- Do not attend if diagnosed with COVID-19 in previous 10 days
- Do not attend start if exhibiting any symptoms of COVID-19
- Do not attend if exposure to COVID-19 in previous 10 days
- Distance from other mushers and volunteers
ITC volunteer handlers at Ceremonial Start (3/5/22) and Race Start (3/6/22)

- By January 1, 2022, all participants need to submit proof of COVID-19 vaccination to COVID-prevention@iditarod.com
- Negative PCR Lab Test (nasal or saliva) taken and results received within 72 hours of ceremonial start (not covered by Iditarod). No participant with a positive test can participate.
- Facemask required at all times at ceremonial start and restart
- Do not attend if diagnosed with COVID-19 in previous 10 days
- Do not attend start if exhibiting any symptoms of COVID-19
- Do not attend if exposure to COVID-19 in previous 10 days
- Distance from mushers and volunteers
Checkpoint Information

Checkpoint Rules

- Daily testing/reporting of results
- Facemasks recommended indoors (a gator is not an acceptable facemask although they may be worn over facemasks)
- Facemasks required for all when someone outside Iditarod Bubble is present
- Mushers wear facemask when interacting with vets, vet techs or other checkpoint personnel
- Other PPE Gear worn as directed by COVID Team personnel
- Must observe all health and safety protocols
- Everyone helps clean
- No tolerance for not following COVID19 safety rules
- Each Checkpoint will have a quarantine/isolation space to use if needed
- Eat/sleep with Checkpoint bubble, not community groups

Checkpoint Cleaning Plan and PPE

- Equipment, Supplies and Materials Sanitizing
  - Required for all common surfaces
  - All packaging of equipment, material and supplies must be sanitized
  - All equipment, material and supplies delivered without packaging must be sanitized
- “Safety Kit” provided to all in “Checkpoint Bubble”:
  - Disposable Face Masks
  - Reusable Face Shields
  - Disposable Nitrile Gloves (only to be used per instruction from COVID Team personnel)
  - Hand Sanitizer
  - Sanitizing Wipes for Surfaces
- Cleaning supplies provided for checkpoint
Communities and the Checkpoints
Each community will work with the Iditarod Race Marshal to agree on arrangements for interaction between the Checkpoint, volunteers and mushers, and the community.

Masks are required when interacting with community members.

Possible scenarios for community engagement and level of COVID19 risk:
No contact/no risk:
- Closed checkpoint to all community members
- Provide lodging (community centers, city and tribal buildings, private businesses, schools, etc.) for volunteers and mushers
- All indoor buildings and spaces used by the Iditarod are cleaned before departure and community does not enter these buildings for 3 days after Iditarod departure
- Transportation of all checkpoint supplies (i.e., straw, trash, HEET, drop bags, checkpoint heating fuel, replenish water as needed, etc.)
- Provide fuel for generators and trail breaker snow machines, Insider crews, sweeps
- Provide local Search & Rescue
- Spectators outside

Community engagement/minimal or no risk:
- Provide maintenance shops for repair of snow machines and equipment (e.g., trail breakers, trail sweeps, IAF, etc.)
- Act as checkers and park dog teams
- Prepare and drop off meals for the Iditarod volunteers/mushers
- Maintenance to provided lodging during the event
- Volunteer transportation from airport to checkpoint (volunteers in back of truck/snow machine, everyone masked)
- Transportation of returned dogs with vets to airport (volunteers in back of truck, everyone masked)
- Assist volunteers in setting up communications and trouble shoot problems (everyone masked)
- Volunteers use community stores to supplement race supplies (always masked)
- Volunteers eating at local restaurants with only Iditarod volunteers
- Volunteers get take out from local restaurants and eat at checkpoint

Community engagement/moderate risk:
- Volunteer transportation from airport to checkpoint (volunteers in truck, community member not masked)
- Transportation of returned dogs with vets to airport (volunteers in truck, community member not masked)
- Volunteers are provided local health services
• Volunteers use community “washeterias” for showers
• Community involvement when special awards are given out

Community engagement/high risk events not acceptable on the race trail in 2022:
• Community members in/out of the checkpoint frequently
• Community engagement with Iditarod volunteers unmasked
• Community entertaining volunteers in their homes
• Community providing housing for trail breakers outside of the checkpoint in resident homes
• Volunteers attending public community events including funerals
• Volunteers eating inside local restaurants with community members
• Volunteers attending community craft and fundraising fairs
• Vets visits to schools to provide talks about animal care
Iditarod COVID Levels Defined

- **Level Green**
  - No COVID cases
  - No symptomatic personnel
  - COVID Bubble intact
  - Standards
    - Facemask at all times if near someone not with Iditarod
    - Social distancing with those not with Iditarod
    - Routine cleaning

- **Level Orange**
  - Possible reasons to move to Level Orange
    - Symptomatic personnel
    - Personnel with positive on 2 Rapid Antigen Tests
    - Positive COVID19 case in community
  - Standards
    - Facemask at all times
    - Isolation of symptomatic personnel
    - Retesting of symptomatic personnel or routine test that is positive
    - Enhanced testing of all personnel in Bubble
    - Social distancing
    - Immediate additional cleaning
    - No exit/entrance of Bubble without consultation with Race Marshal and Dr. Guest

- **Level Red**
  - Possible reasons to move to Level Red
    - Two or more personnel with positive on 2 Rapid Antigen Tests
  - Standards
    - Facemask at all times
    - Isolation of symptomatic personnel
    - Enhanced testing of all personnel in Bubble
    - Social distancing
    - No exit/entrance of Bubble
    - Immediate additional cleaning
    - Removal of checkpoint team