Character Education Journey with the 8 Traits of The Iditarod

Developed by:

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Discipline / Subject:

Social Emotional

Topic:

Using the 8 Traits of Iditarod in your daily life

Grade Level:

Elementary

Resources / References / Materials Teacher Needs:

- 1. Flat outlines for both Musher and Dogs
- 2. Sanka W Dog 8 Traits
- 3. Coloring and decorating materials (crayons, markers, etc...)

Lesson Summary:

Students will learn the 8 traits of Iditarod and apply it into their own lives by taking their flats on different adventures.

 Standards Addressed: (Local, State, or National) 1. Social, Emotional and Intellectual Habits: i) Develop a positive self-concept ii) Develop a positive attitude toward learning iii) Identify and understand emotions of self and others iv) Develop positive interpersonal relationships 	
 Learning Objectives: Students will learn 8 positive character traits and identify where they can be used in daily life. Students will learn how good character can positively impact 	Assessment: Sharing the flats on their adventures using the 8 traits
their lives.	
Procedural Activities	

- 1. After introducing the 8 Traits of the Iditarod, by using the poster resources provided from Sanka W Dog. Discuss how mushers use these traits along the trail and how these traits can be applied in our own lives. (What can we be doing during this time of quarantine to show these 8 positive character traits.
- 2. Introduce your flat (this can be a musher or a sled dog). Have the students decorate and name their flat. These flats will be used at home (during the distance learning) to help students practice and experience the 8 traits. Each week send the students on new adventures with their flats. Students return pictures of them and their flats demonstrating the trait they are learning

"<u>I</u>ditarod Character Traits"

This week we are going to help your Flat learn how to be a good citizen of the world by teaching them all about **Innovation**. (Making changes in something by introducing new methods, ideas or products.) Take a picture (use your Chromebook or another device) of your Flat learning about something innovative you have made or learned to do at home. Listen to the story <u>What to Do With an Idea</u> to learn about innovation!

"I<u>d</u>itarod Character Traits"

Last week, we learned about innovation. This week we are going to help your Flat learn how to be a good citizen of the world by teaching them all about **Diligence**. (Having or showing care and conscientious behavior in one's work or duties.) Take a picture (use your Chromebook or another device) of your Flat showing diligence at home. <u>Click here</u> to watch a short video on diligence. <u>Click here</u> to read a story that can be used to learn about being diligent.

"Iditarod Character Traits"

Last week, we learned about diligence. This week we are going to help your Flat learn how to be a good citizen of the world by teaching them all about **Integrity**. (Doing what is right...<u>even</u> when no one is watching) Take a picture (use your Chromebook or another device) of your Flat showing integrity at home. Or interview someone in your family about a time they showed good integrity. Be prepared to share at our Class Meeting.

"Idi<u>t</u>arod Character Traits"

Last week, we learned about integrity. This week we are going to help your Flat learn how to be a good citizen of the world by teaching them all about **Teamwork**. (A group of people and/or animals working together to achieve a common desired goal.) Take a picture (use your Chromebook or another device) of your Flat showing Teamwork at home. <u>Click here</u> to watch a short video on Teamwork.

"Idit<u>a</u>rod Character Traits"

Last week, we learned about teamwork. This week we are going to help your Flat learn how to be a good citizen of the world by teaching them all about **Attitude**. (Attitude turns barriers into hurdles, obstacles into opportunities and problems into solutions.) Take a picture (use your Chromebook or another device) of your Flat showing a positive attitude at home. Listen to the story <u>lsh</u>, a positive attitude can help in any situation.

"Idita<u>r</u>od Character Traits"

Last week, we learned about attitude. This week we are going to help your Flat learn how to be a good citizen of the world by teaching them all about **Respect**. (To admire someone or something deeply because of their abilities, qualities, actions or achievements.) Take a picture (use your Chromebook or another device) of your Flat showing respect at home. <u>Click here</u> to watch a short video on respect.

"Iditar<u>o</u>d Character Traits"

Last week, we learned about respect. This week we are going to help your Flat learn how to be a good citizen of the world by teaching them all about **Optimism**. (Hopefulness and confidence about the future. The belief that good will prevail over evil in the universe.) Take a picture (use your Chromebook or another device) of your Flat showing optimism at home. <u>Click here</u> to learn about Sue Austin's optimism that lead her to make an amazing journey after being wheelchair bound.

"Iditaro<u>d</u> Character Traits"

Last week, we learned about optimism. This week we are going to help your Flat learn how to be a good citizen of the world by teaching them all about **Determination**. (A strong will or desire to complete or accomplish a task) Take a picture (use your Chromebook or another device) of your Flat showing determination at home.

<u>Click here</u> to watch a short video on determination.

Sharing can be done at a class meeting, PowerPoint presentation, Seesaw slide show, Flipgrid, zoom conference, be creative!

Materials Students Need:

Flat patterns Decorating materials Access to the internet for read aloud and video viewing

Technology Utilized to Enhance Learning:

Various websites for videos and read aloud books.

Other Information:

1. This was developed as a way to include and enhance distance learning, however, it can be changed to meet the needs of individual learning situations.

Modifications for Special Learners/ Enrichment Opportunities:

Modifications:

• Pre-teach vocabulary

• Pairing students

Enrichment:

• Create a multimedia presentation to share the journey you and your flat went through in learning about the 8 traits of Iditarod.

Credits Melanie Feldger



