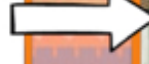


PICCOLLAGE



Gymnastics

Iditarod

Do you like going upside down?? Do you like going fast?? Do you like challenges? Then you would like gymnastics. Gymnastics has many different parts like beam, bar, And floor, tumbling, trampoline, and more. You can do gymnastics at the Olympics at a performance, or a competition. There are other kinds of gymnastics, like acrobatics. In gymnastics your coaches will teach you positions to help you work up to a skill, they will spot you on hard skills, then soon you will be great at it. You could get very hurt if you do something you are not supposed to do, like not tumbling on your toes. You could pull a muscle in your foot. Everyone can do gymnastics with enough training. It is a hard sport, but fun. Once you get to know it you will love it.

Would you want to race for about 1,000 miles long in the full on cold??? The iditarod started in 1973. There is normally an average of 65 teams starting each year. The race is nearly 1,049 miles long. Anyone can do the Iditarod with enough training. The Iditarod is hard, you have to train your dogs and build trust with them. People don't do the Iditarod for a prize they do it for fun, and they go out in the snow and race. The Iditarod is harder than many sports because you don't do it alone, you do it with a team. You have to make the right decisions for the team. The dogs depend on you. The Iditarod is a big challenge but the best. The Iditarod is a hard sport but amazing.

THE
WINNER
IS...
IDITAROD!
!!!!!!

BY: KATE