

Name \_\_\_\_\_  
Section \_\_\_\_\_  
Date \_\_\_\_\_

**Calories Burned**

Week number \_\_\_\_\_

Minutes/miles exercised \_\_\_\_\_

Calories burned \_\_\_\_\_

Week number \_\_\_\_\_

Minutes/miles exercised \_\_\_\_\_

Calories burned \_\_\_\_\_

Week number \_\_\_\_\_

Minutes/miles exercised \_\_\_\_\_

Calories burned \_\_\_\_\_

Week number \_\_\_\_\_

Minutes/miles exercised \_\_\_\_\_

Calories burned \_\_\_\_\_

Week number \_\_\_\_\_

Minutes/miles exercised \_\_\_\_\_

Calories burned \_\_\_\_\_